**The "Go Bag"**

Emergency blanket, Mylar

Emergency plans, family

Face masks, N95

First aid kit & Guide

Flashlight or headlamp and batteries

Food, non-perishable, such as energy bars

Map, waterproof local

Notepaper and pen or pencil. Sticky notes for leaving notes for family members.

Photos of family members and pets in case you need help from others to find them.

Poncho, plastic

Radio, crank or battery operated with batteries in case cellular networks fail.

Water, at least one bottle for each family member

Whistle