**Grocery List**

**Beverages**

beer

coffee

juice

soft drinks

spirits

tea

water

**Bread, baking, cereal**

bagels

breakfast cereal

buns & rolls

flour

muffins

sandwich bread

**Cans & jars**

beans

broth

fruit

gravy

meat, poultry, fish

peanut butter

pickles

sauce

soup

vegetables

**Condiments, oil, vinegar**

honey

jam & jelly

ketchup

mayonnaise

mustard

oil, olive & vegetable

relish

salad dressing

sauce

spices

sugar

syrup

vinegar

**Dairy & refrigerated**

butter, margarine

cheese

cream

eggs

juice

milk

salad dressing

sour cream

yogurt

**Frozen foods**

desserts, ice cream

entrees

french fries

fruit

juice

pancakes & waffles

vegetables

**Grains, pasta, rice**

barley

cornmeal

pasta

quinoa

rice

**Household supplies**

air freshener

aluminum foil

baby food & supplies

bags, vacuum cleaner

batteries

bleach

cleaning powder

cleaning solutions

dish detergent

dishwasher detergent

drain cleaner

facial tissue

food storage bags

gloves, disposable

laundry detergent

laundry, fabric softener

laundry, spot remover

light bulbs

paper cups

paper napkins

paper towels

pet food & supplies

plastic wrap

soap, bath & hand

sponges

toilet paper

trash bags

window cleaner

**Meat, poultry, fish**

bacon

beef

chicken

fish

hot dogs & sausages

lamb

lunch meats

pork

shellfish

turkey

**Produce**

apples

asparagus

avocados

bananas

green beans

broccoli

carrots

cauliflower

celery

garlic

grapefruit

grapes

herbs

lemons

lettuce

limes

melons

mushrooms

onions

oranges

peaches

pears

peppers

potatoes

shallots

spinach

strawberries

tomatoes

**Personal care**

conditioner

cotton swabs

feminine hygiene items

dental floss

lotion

meds

mouthwash

razors

shampoo

shave cream

toothpaste

**Snacks, cookies, candy**

candy

chips

cookies

crackers

nuts

popcorn



Lifestyle Links You Can Really Use